

603299

2020-005

--

“ ”

Table 1. Summary of the study	
Study design	Retrospective cohort study
Study period	1990-2000
Study location	United Kingdom
Study population	100,000 men aged 40-60 years
Study variables	Age, sex, smoking status, alcohol consumption, physical activity, diet, family history of heart disease, cholesterol levels, blood pressure, body mass index, waist circumference, and heart rate
Study outcomes	Incidence of heart disease, mortality from heart disease, and quality of life
Study limitations	Self-reported data, potential for bias, and limited data on certain variables
Study strengths	Large sample size, long follow-up period, and comprehensive data collection

	_____ — _____ _____ _____ _____
	_____ _____ _____ _____ _____ _____
	_____ _____ _____ _____ _____ _____
